

EARLY CHILDHOOD PROGRAMS

WINTER & SPRING



Parent & Tot - **ARTS**

P MUSIC FOR LIFE

1-2yrs

Have fun with your child while they learn simple music concepts. Join us to sing, play instruments and move to the music! Play interactive games that explore beat, pitch, dynamics, as well as literacy and numeracy skills. Presented by the Victoria Conservatory of Music.

SAANICH COMMONWEALTH PLACE

FULL	F	Jan 12-Mar 15	9:15-9:45am	10/\$121
FULL	F	Jan 12-Mar 15	10-10:30am	10/\$121
FULL	F	Apr 5-Jun 7	9:15-9:45am	10/\$121
108404	F	Apr 5-Jun 7	10-10:30am	10/\$121

P THE MUSIC CLASS® (FORMERLY MUSIC PUPS) Newborn-4yrs

Unleash your child's musical potential! Children and parents/caregivers will enjoy singing, dancing, movement and instrument play in these mixed-age, fun filled classes designed to foster understanding and enjoyment of music. Music/songbook download included, with new award-winning music by The Music Class®. Sibling rate is \$120, siblings under 9mths attend free.

SAANICH COMMONWEALTH PLACE

Jennifer Yuen

BEAR COLLECTION

FULL	W	Jan 10-Mar 13	9:15-10am	10/\$195
FULL	W	Jan 10-Mar 13	10:15-11am	10/\$195
FULL	W	Jan 10-Mar 13	11:15am-12pm	10/\$195

MONKEY COLLECTION

FULL	W	Apr 3-Jun 5	9:15-10am	10/\$195
109272	W	Apr 3-Jun 5	10:15-11am	10/\$195
109273	W	Apr 3-Jun 5	11:15-12pm	10/\$195

P = PARENT OR CAREGIVER PARTICIPATION REQUIRED

Parent & Tot - **GENERAL INTEREST**

P JUMPING JELLY BEANS

18mths-3yrs

This combo class starts with crafts, songs and group play for 45 minutes. After a snack, we move into the gym with ride-on toys and kindergym activities to let off some steam! Parent/caregiver participation required.

SAANICH COMMONWEALTH PLACE

Joanne Van Dyk

FULL	F	Jan 12-Mar 1	9:15-10:45am	8/\$84
106704	F	Jan 12-Mar 1	11am-12:30pm	8/\$84
FULL	F	Mar 8-May 3	9:15-10:45am	8/\$84
108388	F	Mar 8-May 3	11am-12:30pm	8/\$84
108387	F	May 10-Jun 14	9:15-10:45am	6/\$63
108389	F	May 10-Jun 14	11am-12:30pm	6/\$63

P MUCKIN' AND MESSIN'

18mths-3yrs

Why make a mess at home? Join us for painting, gluing, glitter, marble painting, messy play, finger paints and loads of fun. We'll have playtime, circle time, songs and gym time. Parent /caregiver participation required.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

106717	Tu	Jan 9-Feb 27	9:15-10:45am	8/\$84
108399	Tu	Mar 5-Apr 30	9:15-10:45am	8/\$84
108400	Tu	May 7-Jun 18	9:15-10:45am	7/\$74

Christine Lee

106718	W	Jan 10-Feb 28	9:30-11am	8/\$84
108401	W	Mar 6-May 1	9:30-11am	8/\$84
108402	W	May 8-Jun 19	9:30-11am	7/\$74

HOW TO REGISTER

ONLINE at Saanich.ca/Recreation

PHONE 250-475-7600

IN PERSON at any of our
4 Recreation Centres



PARKS, RECREATION
& COMMUNITY SERVICES

P PLAYTIME COMBO 18mths-3yrs

You and your little one will keep busy with fun activities and creative play. Painting, gluing, puzzles, songs, and a variety of play stations are all designed to spark your child's imagination. After snack and circle time, we move to the gym with ride-on toys and kindergym activities. Parent/caregiver participation required.

SAANICH COMMONWEALTH PLACE

Sandra O

106726	M	Jan 8-Feb 26	9:15-10:45am	7/\$74
108407	M	Mar 4-Apr 29	9:15-10:45am	7/\$74
108408	M	May 6-Jun 17	9:15-10:45am	6/\$63

CHILDMINDING Up to 10yrs SAANICH COMMONWEALTH PLACE

Jan 9 through Jun 20, 2024

Tuesday	8:45-11:30am
Wednesday	8:45-11:30am
Thursday	8:45-11:30am

You'll like it – they'll love it! Saanich Commonwealth Place is pleased to provide quality childminding care in a safe, friendly and fun environment. Not available on Stat Holidays.

- Infants to 10 years
- Parents/guardians must be on the premises while your child receives care.

For more information, please contact our Preschool Programmer Ruth Smith at ruth.smith@saanich.ca

Cost:

- \$5.50/hr/per child
- Third child and subsequent children of the same family are \$2.50/hr/per child
- 10 hour card: \$50.75
- 25 hour card: \$119.50

P SOCCER - ME AND MY PARENT 2-3yrs

This high-energy soccer program introduces you and your child to fundamental skills such as dribbling, shooting, passing and more. NCCP-certified coaches use games, songs and positive reinforcement to build skills. Small group format for personalized attention.

SAANICH COMMONWEALTH PLACE

Richardson Sport

INDOORS

FULL F Jan 19-Mar 8 10:30-11am 8/\$98

OUTDOORS - BACK FIELD

108600 F Apr 12-Jun 14 10:30-11am 10/\$123

KINDERGYM DROP-IN 1-5yrs

Kindergym is a movement program designed for children and their caregiver to play together. Balls, hoops, ride-on toys, climbers and mats allow children to creatively explore. Staff will lead circle time at the end. Get active together for life. No more than one caregiver per child. \$3.50 per child.

SAANICH COMMONWEALTH PLACE

(Drop-in with swim option straight after kindergym \$6)

1-3YRS

Tue	Jan 9-Jun 18	10-10:45am
Thu	Jan 11-Jun 20	10-10:45am

2-5YRS

Tue	Jan 9-Jun 18	9:15-10am
Thu	Jan 11-Jun 20	9:15-10am

5YRS AND UNDER (NO SWIM OPTION)

Sun	Jan 7-May 26	9:15-10am
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Early Childhood - ARTS

P PIANO FOR PRESCHOOLERS 3-5yrs

Parents and children will enjoy this creative class together. Children learn to find notes and play a song by the end of the course. They will also be taught to read music, play by ear and compose their own songs.

SAANICH COMMONWEALTH PLACE

PJ Music Studio

107203	Sa	Jan 20-Mar 9	9-9:30am	7/\$122
107204	Sa	Jan 20-Mar 9	9:30-10am	7/\$122
107205	Su	Jan 21-Mar 10	12-12:30pm	6/\$106
107206	Su	Jan 21-Mar 10	12:30-1pm	6/\$106
107207	Su	Jan 21-Mar 10	1-1:30pm	6/\$106
107208	Su	Jan 21-Mar 10	1:30-2pm	6/\$106
107209	Su	Jan 21-Mar 10	2-2:30pm	6/\$106
107210	Sa	Apr 13-Jun 8	9-9:30am	7/\$122
107211	Sa	Apr 13-Jun 8	9:30-10am	7/\$122
107212	Su	Apr 14-Jun 9	12-12:30pm	7/\$122
107213	Su	Apr 14-Jun 9	12:30-1pm	7/\$122
107214	Su	Apr 14-Jun 9	1-1:30pm	7/\$122
107215	Su	Apr 14-Jun 9	1:30-2pm	7/\$122
107216	Su	Apr 14-Jun 9	2-2:30pm	7/\$122

Parent & Tot - SPORTS

P MULTI SPORT - ME AND MY PARENT 2-3yrs

We will introduce your child to foundational movement skills that build physical literacy. NCCP-certified instructors will help you develop strategies to teach your child basic sport skills in a fun way using games, songs and positive reinforcement. Small group format for personalized attention.

SAANICH COMMONWEALTH PLACE

Richardson Sport

INDOORS

FULL W Jan 17-Mar 6 10:30-11am 8/\$98

OUTDOORS - BACK FIELD

108598 W Apr 10-Jun 12 10:30-11am 10/\$123

P = PARENT OR CAREGIVER PARTICIPATION REQUIRED

BALLET AND JAZZ

4-5yrs

Join us as we combine basic jazz dance technique and ballet in this fun and entertaining class. The result is the poise and grace of ballet with the high energy of jazz dance! Children will learn a choreographed dance.

SAANICH COMMONWEALTH PLACE

Dansko Staff

FULL Sa Jan 13-Mar 16 10:45-11:30am 10/\$88
108375 Sa Apr 6-Jun 1 10:45-11:30am 8/\$70

KINDER-DANCE

3-4yrs

The perfect class for the child who loves to move to music! Children enjoy a combination of creative movement, ballet and imagination. Led by patient, qualified and fun dance instructors.

SAANICH COMMONWEALTH PLACE

Dansko Staff

FULL Sa Jan 13-Mar 16 10-10:45am 10/\$88
108390 Sa Apr 6-Jun 1 10-10:45am 8/\$70

P LITTLE DANCERS

2-3yrs

Little ones will love this introduction to the wonderful world of movement and music. Perfect for first-time participants, parents remain in studio during class for extra encouragement.

DANSKO DANCE STUDIOS

Dansko Staff

108391 Tu Jan 9-Mar 12 10:10-10:40am 10/\$72
108392 Th Jan 11-Mar 14 10:25-10:55am 10/\$72
108699 Tu Apr 2-May 28 10:10-10:40am 9/\$65
108700 Th Apr 4-May 30 10:25-10:55am 9/\$65

TAP, JAZZ AND BALLET COMBO

3-5 yrs

Introduce your youngster to three popular dance styles. Children will learn the sounds and rhythms of tap dance, practice the basic positions, posture and alignment of ballet, and enjoy the lively energy of jazz dance.

DANSKO DANCE STUDIOS

Dansko Staff

FULL Tu Jan 9-Mar 12 10:45-11:30am 10/\$88
108696 Tu Apr 2-May 28 9:15-10am 9/\$79
108698 Tu Apr 2-May 28 10:45-11:30am 9/\$79

TINY TUTUS AND TIGHTS

3-5yrs

In this fun and creative class, young dancers explore basic steps, build coordination and incorporate imagination and rhythm to their movements. A short dance will be taught.

SAANICH COMMONWEALTH PLACE

Dansko Staff

FULL Sa Jan 13-Mar 16 9:15-10am 10/\$88
FULL Sa Jan 13-Mar 16 12:30-1:15pm 10/\$88
108418 Sa Apr 6-Jun 1 9:15-10am 8/\$70
108419 Sa Apr 6-Jun 1 12:30-1:15pm 8/\$70

Early Childhood - **GENERAL INTEREST**

ABC's & 123's

3-5yrs

Is your preschooler showing an interest in learning to print letters and numbers? In this class children will learn to recognize the wonders of letters and numbers through fun explorative and creative play. Each class incorporates gym time for physical activity. This combination keeps your energetic preschooler engaged. Must have preschool class experience.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

FULL M Jan 8-Feb 26 9:20-11:20am 7/\$101
FULL M Mar 4-Apr 29 9:20-11:20am 6/\$86
107153 M May 6-Jun 17 9:20-11:20am 6/\$86

BACK TO NATURE

3-5yrs

Does your child love the outdoors and fascinated by animals, insects, plants, and enjoys getting their hands dirty? Then this is program for them. Learn about nature and our planet. Dress according to the weather as we will be outside the last half of the class in our Friendly Forest.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

FULL Th Mar 7-May 2 12:15-2:15pm 8/\$115
108342 Th May 9-Jun 20 12:15-2:15pm 7/\$101

FUNTAISTIC FRIDAYS

3-5yrs

End the week with a whole lot of FUN! Learn about dinosaurs, play group games, enjoy ooey gooey messy play and more. We'll have gym time with our popular ride-on toys and climbing equipment, too.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

FULL F Jan 12-Mar 1 9:15-11:15am 8/\$115
108378 F Mar 8-May 3 9:15-11:15am 8/\$115
108379 F May 10-Jun 14 9:15-11:15am 6/\$86

HOW TO REGISTER

ONLINE at Saanich.ca/Recreation

PHONE 250-475-7600

IN PERSON at any of our
4 Recreation Centres



HAPPY HANDS, HAPPY MINDS 3-5yrs

This small group program encourages young ones' creativity and learning. Children enjoy painting, art projects, show-and tell and circle time. Yoga, creative dance and gym time keep kids active, too!

SAANICH COMMONWEALTH PLACE

Janet Mulhall

FULL Tu Jan 9-Feb 27 9:20-11:20am 8/\$115
108380 Tu Mar 5-Apr 30 9:20-11:20am 8/\$115
108381 Tu May 7-Jun 18 9:20-11:20am 7/\$101

MAGIC OF SCIENCE 3-5yrs

Great for the child that loves to ask why...Why do objects sink or float? Who paints rainbows in the sky? Our staff will perform experiments while the kids discover the magic of science. This class is complete with circle time, songs, games, artwork and time in the gym.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

106738 Th Jan 11-Feb 29 11:45am-1:45pm 8/\$115

MIX IT UP WITH MICHELLE 3-5yrs

In this small group class, young ones enjoy different activities including messy play, dinosaurs, painting, science projects, art and gym time. During lunch, Michelle engages the children and reads stories to help them become comfortable eating in a classroom environment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

FULL W Jan 10-Feb 28 11:45am-1:45pm 8/\$115
108395 W Mar 6-May 1 11:45am-1:45pm 8/\$115
108396 W May 8-Jun 19 11:45am-1:45pm 7/\$101

MORNING DELIGHT 3-5yrs

Preschoolers explore different activities each week in this delightful small group class. Program leader Janet introduces science experiments, creative movement, yoga, music, crafts and messy play. Kids also stay active with gym time.

SAANICH COMMONWEALTH PLACE

Janet Mulhall

FULL W Jan 10-Feb 28 9:15-11:15am 8/\$115
108397 W Mar 6-May 1 9:15-11:15am 8/\$115
108398 W May 8-Jun 19 9:15-11:15am 7/\$101

ON MY OWN 3-4yrs

A perfect introduction to preschool programs, this semistructured class nurtures children as they become comfortable participating without parents or caregivers. Play centres, puzzles, painting, crafts music, and gym time are all included in this small group class that helps build confidence and social skills.

SAANICH COMMONWEALTH PLACE

Tiffany Kidder

106724 M Jan 8-Feb 26 9:15-11:15am 7/\$101
108405 M Mar 4-Apr 29 9:15-11:15am 7/\$101
108406 M May 6-Jun 17 9:15-11:15am 6/\$86

OVER THE RAINBOW 3-5yrs

This program is for the first time preschooler who loves to be busy. We will have a different theme each week. They will enjoy developing their creative skills with craft projects, choose from a variety of play centres, incorporate music in an interactive circle time and much more. We'll also get active in our popular gym time with ride on toys and climbing apparatus.

SAANICH COMMONWEALTH PLACE

Christine Lee

106739 Tu Jan 16-Feb 27 9:30-11:15am 7/\$88
108711 Tu Mar 5-Apr 30 9:30-11:15am 8/\$99
108713 Tu May 7-Jun 18 9:30-11:15am 7/\$88

SILLY SATURDAYS 3-5yrs

Preschoolers love this program's focus on music and creative play, and parents appreciate the time to run weekend errands or enjoy a workout. Kids will enjoy a wide variety of action songs, creative play, crafts and stories. We will also go on short walks for outdoor exploration.

SAANICH COMMONWEALTH PLACE

Dianne Holmes

FULL Sa Jan 20-Mar 9 9:30-11:30am 8/\$115
FULL Sa Apr 6-May 25 9:30-11:30am 8/\$115

STEPPING UP TO KINDERGARTEN 3-5yrs

A program developed to help make the transition into full day Kindergarten an easy one. We will have fun through learning with experiments, practice listening skills and interactive group time at circle time, and being creative with crafts. Gym time will also add to the fun.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

106741 Th Jan 11-Feb 29 9:20-11:20am 8/\$115
108410 Th Mar 7-May 2 9:20-11:20am 8/\$115
108411 Th May 9-Jun 20 9:20-11:20am 7/\$101

HOW TO REGISTER

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STEPPING UP TO PRESCHOOL

2.5-4yrs

This transitional program is the perfect steppingstone to preschool. In the classroom, children learn to stay with the instructor for crafts, free time, stories and circle time; then parents join the class for snacks and kindergym activities

SAANICH COMMONWEALTH PLACE

Michelle Dyas

FULL	W	Jan 10-Feb 28	9:30-11:30am	8/\$115
108412	W	Mar 6-May 1	9:30-11:30am	8/\$115
108413	W	May 8-Jun 19	9:30-11:30am	7/\$101

Christine Lee

FULL	Th	Jan 11-Feb 29	9:30-11:30am	8/\$115
FULL	Th	Mar 7-May 2	9:30-11:30am	8/\$115
108415	Th	May 9-Jun 20	9:30-11:30am	7/\$101

TERRIFIC TUESDAYS

3-5yrs

Get ready to have fun as we learn about dinosaurs, play group games, enjoy ooey-gooney messy play, and explore creativity with crafts. This small group class also enjoys gym time each week with our popular ride-on toys and climbing equipment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

108416	Tu	Mar 5-Apr 30	10:30am-12:30pm	8/\$115
108417	Tu	May 7-Jun 18	10:30am-12:30pm	7/\$101

MULTI SPORT - ME AND MY COACH

3-5yrs

This gymnasium-based program introduces preschoolers to foundational movement skills that help build physical literacy. NCCP-certified instructors leave competition on the sidelines and use games, songs and positive reinforcement to introduce and explore different sports each week.

SAANICH COMMONWEALTH PLACE

Richardson Sport

INDOORS

106720	W	Jan 17-Mar 6	11-11:45am	8/\$116
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OUTDOORS - BACK FIELD

108597	W	Apr 10-Jun 12	11-11:45am	10/\$145
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SOCCER - ME AND MY COACH

3-5yrs

This gymnasium-based small group program introduces children to fundamental soccer skills and play, including dribbling, shooting, passing and more. NCCP-certified coaches leave competition on the sidelines and use games, songs and positive reinforcement to help develop a love of the game.

SAANICH COMMONWEALTH PLACE

Richardson Sport

OUTDOORS - BACK FIELD

108599	F	Apr 12-Jun 14	11-11:45am	10/\$145
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Full-Year Preschool Registration for Sept 2024-2025 starts Saturday, Feb 3, 2024 at 7am. In-person only.



FRIDAYS FOREST EXPLORERS

3-5yrs

Christine and Tiffany lead this fun and educational yearlong program for preschoolers, September 2024 to June 2025. Join us in the Saanich Commonwealth Place's friendly forest for nature adventure, learning, circle time and more. Once registered, space is guaranteed through June 2025. Must be 3yrs as of October 31, 2024.

SAANICH COMMONWEALTH PLACE

Christine Lee and Tiffany Kidder

109105	F	Sep 13-Jun 13	9am-12pm	\$87/mnth
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KIDDIE CAPERS FOREST CLASSROOM

Enjoy our friendly forest for a year of fun, adventure, and learning! Circle time, crafts, field trips and more in an outdoor environment. Minimum 2 days may enroll up to 4 days/week. Registrants have space guaranteed through June 2025. Must be 3yrs as of October 31, 2024. In-person registration only.

SAANICH COMMONWEALTH PLACE

Diana Wigen and Jo Van Dyk

109097	M	Sep 9-Jun 16	9-11am
109098	Tu	Sep 10-Jun 17	9-11am
109099	W	Sep 11-Jun 18	9-11am
109100	Th	Sep 12-Jun 12	9-11am
109101	M	Sep 9-Jun 16	11:15am-1:15pm
109102	Tu	Sep 10-Jun 17	11:15am-1:15pm
109103	W	Sep 11-Jun 18	11:15am-1:15pm
109104	Th	Sep 12-Jun 12	11:15am-1:15pm

\$58
per
month

Call Ruth Smith - Pre-School Programmer
at 250-475-7603 for more information

